

## **Abhivyakti2022 - An Expression of Inner Self**

Gyan Mandir Public School, in collaboration with Food Safety and Standards Authority of India (FSSAI), IQF, Department of Environment, NCT, Delhi and Nada India Foundation, organized the annual event '**Abhivyakti 2022**' virtually on Microsoft Teams on 19.07.2022, 20.07.2022 and 21.07.2022. The event offered a vibrant platform to the students to portray their inherent talent and creativity through various interschool competitions based on the themes 'Discover the Soul of India through its Heritage & Culture', 'Eat Right India' and 'Better Environment, Better Tomorrow'.

Ms. Swathi Ram, Executive Director, Samarapaka, Swami Atmashraddhananda (Pankaj Maharaj), Prof. S.K. Palhan, Board Member, IQF, Mr. Rajat Mishra, Consultant, IQF and many other distinguished personalities graced the occasion with their benign presence.

Talented students from more than 80 reputed schools of Delhi NCR participated in the event. The rich plethora of online competitions that adorned the gala hamper of Abhivyakti2022 were **Recitazione (English Recitation), Puppetry by Moppets (Story Dramatization through Puppets), Twinkling Toes (Dance), Décor – De – Table, (Table Decoration), Craft Corner (Mould & Create with Eco Friendly material), Ad Mad (Act an Ad), Super Chef (Cooking without Fire), Green Brigade (Mujhe Kuch Kehna Hai), Lok Nritya Utsav (Folk Dance), Tech Paint (Poster Making), Yoga Ritmico (Rhythmic Yoga), Creativity Challenge (Logo Designing), Game-A-Thon (Tech Game), Gamify, Kitchen Wizard (Food Adulteration Test), Script – A – Strip (Comic Strip / Story Designing), Futuristic World (Video Game with Minecraft), Springseil (Rope Skipping Challenge), Imagica Poszter (Poster making with Slogan), Sustaino Ad Show (Act and Ad), Technovanza (Web Designing), Smarnika (Souvenir Making), Logiciel De Mixage (Presentation on Sway), E-Flyer (Brochure Designing), Start Up India, Stand Up India (Start Up Idea), Chalchitra (Movie Making), Jazba – E – Hind (Song), Aaghaaz – Street Treat (Nukkad Natak), Des Sports Commentaire (Sports Broadcasting), Spiritual Empowerment (Integrated Lesson Plan-Innovative Best Practices), Innova Attire\* (Fancy Dress), Vitriini\* (Show and Tell), Laughing Gags\* (Stand Up Comedy), Declamazione\* (Declamation) and Think Tank\* (TED Talk).**

The panel of judges comprised of highly experienced professionals in their respective fields. They were impressed with the impeccable performance of all the participants. The winners were felicitated with trophies and certificates. Indraprastha International School triumphantly bagged the coveted rolling trophy.