

# HAPPINESS CURRICULUM ACTIVITY-REPORT

## PRE-PRIMARY DEPARTMENT

MONTH – DECEMBER 2024

### ACTIVITY SESSION – 'HEARTBEAT ACTIVITY'

In order to make students aware about their heartbeat, they were asked to follow the instructions given by the teacher. Students had to feel their heartbeat while standing by just putting their hands on their heart and same to be done after jumping. Students enjoyed this activity a lot and happiness could be seen on their lovely faces.

#### LEARNING OUTCOMES: -

The students were able to: -

- \*develop their feelings
- \*enhance their listening skills
- \*explore happiness through learning
- \*improve their concentration level and follow instructions attentively

#### SOME GLIMPSES OF ACTIVITY: -

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